



**Churches
Together in
Cumbria**
**April
2019**

Dementia Action Week May 20-26th 2019:

'unites people, workplaces, schools and communities to take action to improve the lives of people living with dementia' (www.alzheimers.org.uk)

As part of the Churches Together Dementia Project there will be a dementia friendly **Service of Preparation for Dementia Action Week** to which all are invited.

On Thursday 16th May 2019 at 2.30 at Kendal Parish Church followed by refreshments.

For more information please contact Yvonne Povey, Dementia Project Officer
dpotic@outlook.com/ 01768 897138.

The Churches Together in Cumbria Dementia Project is now in its fourth year. 120 Dementia Enablers at 96 locations across the County are working to help ensure that their Churches are Dementia Friendly by 2020. If you would like to be a part of this vision and vital work, please come to our **Recruitment Day for Dementia Enablers** on **May 18th 9.30-3.30** at **Cockermouth United Reformed Church, Main St, CA13 9LU**. For more information or to book a place, please contact CTiC administrator Emma Brown, ebctic@outlook.com or the Dementia Project Officer Yvonne Povey, dpotic@outlook.com

Social Responsibility Update

I have had some time off during March, so I have not had so much contact, but great work continues. The Domestic Abuse group met to discuss rolling out more training across the county, and progress continues in developing informal relationships between groups to raise awareness of Modern Slavery. Links are strengthening with health and education, and we hope to have a presence at Integrated Care Community groups and meet with GP surgeries now doing Social Prescribing.

The next few months will be supporting development of the environment group (Eco Christians in Cumbria). We wish to use modern technology and social media to enhance the work of this group and engage with a wider audience. If anybody is interested in environmental issues, please do get in touch.

We will also be continuing with preparations for our discussion day in June on Isolation and Loneliness. This is already attracting a lot of attention, and we are working closely with ACTion with Communities in Cumbria, and Cumbria CVS who will have input to the day.

Shelagh Goldie, Social Responsibility Officer
shelagh.goldie@gmail.com, 07941836477

FOCUS ON... FOSTERING

During May's Foster Care Fortnight, which runs from Monday 13 to Sunday 26 May, Cumbria County Council is asking churches across the county to sign up to its Fostering Friendly Churches (FFC) scheme.

Foster carers have an important role and the FFC scheme asks local churches to help provide them with a network of support that allows them to change the lives of the children in their care.

Launched in September, the scheme is part of the council's ongoing drive to recruit more foster carers for vulnerable children across the county; with churches which sign up also being asked to participate in foster carer recruitment campaigns throughout the year.

Cumbria County Council already support over 200 foster families, but with close to 700 children in care, they are always looking for more people to join in.

Reverend Rob Jackson is the rector of St Nicholas' Church in Whitehaven, one of the first to sign up to become fostering friendly in Cumbria. Rob who, along with wife Tracey, has been fostering with Cumbria County Council for more than five years, said: "As foster carers ourselves we are very happy that St Nicholas' Church has become the first church in the west of Cumbria to support this initiative.



"I am a former youth worker and I've always loved working with children. So, as our two boys grew older and we still felt young in ourselves, we realised we wanted to give something back. That's how the fostering came about.

"It works well for us in that we've been able to work from home and get our network of support at the church involved. If children are born into particularly difficult situations we want to be able to provide them with new life and new hope. God has been at the heart of all of this and now by signing up to the scheme we hope that we do even more to support children and young people in our community."



For more information on fostering go to www.cumbria.gov.uk/fostering or call 0303 333 1216. To find out more about becoming a Fostering Friendly Church please email claire.crisp@cumbria.gov.uk

**Become
part of
Cumbria's
biggest
family**



The Churches Trust for Cumbria wins support from the National Lottery Heritage Fund



The Churches Trust for Cumbria has received a National Lottery Heritage Fund grant of £75,400 for an exciting heritage project, ***Caring for Cumbria's Churches***. Made possible by money raised by National Lottery players, the project focuses on improving the sustainability and resilience of church buildings across Cumbria.

The project will provide those who care for our church buildings with training and skills to better manage these unique buildings. It also aims to realise the potential of church buildings as community assets and raise their profile as places of valuable heritage interest.

Supported through the National Lottery Heritage Lottery Fund (NLHF), the 18 month, ecumenical project will enable those who care for church buildings to improve their maintenance, and develop a long-term strategy for their sustainability and resilience. A series of videos will explore their potential as places of worship, heritage and community assets and help us to better understand these unique 'living' buildings, in order that they remain for future generations.

Typically the oldest building within a parish, Cumbria's churches are some of the most architecturally, culturally and historically significant buildings in the county. They contribute a key part of the traditional iconography of our towns, villages and rural landscapes. These 'living' buildings, are embedded within our spiritual, historical and social culture. Not only are they part of our heritage, but they tell the story of Cumbria's communities.

Quotes

Commenting on the award, Adam Naylor, Chairman of the Churches Trust for Cumbria said: "We are thrilled to have received this support thanks to National Lottery players and are confident the project will raise the profile of these valuable spiritual, community and heritage assets".

The series of videos will be produced by specialist TV production company Brilliant Trees Media who have strong links with the region. Brilliant Trees Media was established 12 years ago in Cumbria by John Harkins and Susanna Boccaccio. The company has produced TV programmes for ITV and the BBC including part of the BBC's Hidden Paintings series which was filmed on location in Cumbria and part of the BBC's History of the World Series which won a Royal Television Society award. Creative director Susanna Boccaccio commented, "This is a very special project we are delighted to be a part of, and we are looking forward to filming in and around our churches across Cumbria this summer"

Notes to editors

The Churches Trust for Cumbria (CTfC) exists to support church buildings across Cumbria. A constant feature in our landscape, we recognise that they are valued for a variety of reasons, not only as places of worship but as buildings of architectural, cultural and historical significance. We aim to support churches and their communities to encourage the sustainable use of church buildings to help keep these unique buildings alive.

Brief History

The Churches Trust for Cumbria (CTfC) was formed in 2008 as a charitable trust to help secure a sustainable future for Cumbria's churches. In 2010 it became clear that many church communities were struggling to fund their ministry and their buildings. In order to assess Cumbria's churches an ecumenical buildings survey was conducted over 2012 and 2013. Despite the trust going into a period of hibernation in 2013, the Church Buildings Survey Report was published in 2015. The survey revealed that a significant number of buildings are in need of help. In July 2016 the trust came out of hibernation to provide external support for the care, conservation and development of church buildings across Cumbria.

About The National Lottery Heritage Fund

Using money raised by the National Lottery, we Inspire, lead and resource the UK's heritage to create positive and lasting change for people and communities, now and in the future. www.heritagefund.org.uk.

Follow @HeritageFundUK on [Twitter](https://twitter.com/HeritageFundUK), [Facebook](https://www.facebook.com/HeritageFundUK) and [Instagram](https://www.instagram.com/HeritageFundUK) and use #NationalLotteryHeritageFund

Further information

For further information, images and interviews please contact (Jayne Potts at Churches Trust for Cumbria on 07979606131 and jayne@ctfc.org.uk).

AWAY DAY FOR WOMEN

Saturday, 6 April 2019
10.30am – 3.00pm
Hawkshead Hill Chapel (LA22 0PW)



TREES & what they teach us about life with God

Led by Rev Pauline West & Rev Kath Dodd

This is a day for input, reflection, prayer, personal space and mutual support. Numbers limited to 24. Please bring a packed lunch. Soup and drinks provided. There is no fixed charge, but a donation is invited on the day. Parking available on the cottage drive, and nearby side road.

For more information and to book a place please contact Kath Dodd on 015394 36451 or e-mail kath.dodd@btinternet.com



Eden Funding Event

Join us on
Thursday 25 April 2019
10am – 3pm

Penrith Rugby Club, Winters Park, Carleton Ave, Penrith CA11 8RQ

Speak directly to funders; access essential funding information, advice and support; network with other local organisations.

Funders include Cumbria County Council, Hadfield Trust, Francis C Scott Trust, Frieda Scott Trust, Heritage Lottery Fund, the Big Lottery Fund, Charity Bank, Cumbria Community Foundation, Eden District Council, BBC Children in Need, Cumbria Exchange and Cumbria Waste Management Environment Trust.

This event is aimed at small local voluntary and community groups in Eden, especially those new to the funding arena.

Please book to attend one of these two sessions:

- 10am – 12noon Registration from 9.45am
- 1pm – 3pm Registration from 12.45pm
Tea/coffee provided upon arrival

You do not need to attend for the full 2 hour session, but it is advised for you to allow at least one hour to make best use of your time and speak to all relevant funders.

This event is **FREE*** - Book your place today:

Book online at www.cumbriacvs.org.uk/ OR

Complete and return a booking form to:

- Shaddongate Resource Centre, Shaddongate, Carlisle, CA2 5TY OR
- info@cumbriacvs.org.uk

Any queries or for further information, call 01768 800350

Please note:

- CVS member organisations will get priority when booking
- *All places must be booked in advance or a £10/person fee will apply on the day
- *A £10/person cancellation fee will apply for non-attendance or places not cancelled at least 5 days in advance

Supported by



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WORSHIP WORKS

With *Roger Jones*

A practical day for :

Preachers
Worship leaders
Singers
Musicians
Individuals and congregations

ALL ARE WELCOME!

Saturday 13 April 2019
10am-4.30pm

The Applethwaite Centre, St Mary's Church
Ambleside Road, Windermere LA23 1BA

(for details/booking visit www.cumbriachristianlearning.org.uk/event/worship-works or ring Pam Dent 015396 20042)



**Good Friday
Walk of Witness**
Friday 19th April



United Service at Stricklandgate Methodist Church 10.30am
Walk begins 11.15am from outside the church
Walk through Kendal stopping in the Westmorland Shopping Centre, the Market Place and at the Birdcage.
Final act of worship at Kendal Parish Church

“Tea Services”

As part of CTiC’s dementia-friendly churches project, there are now a number of “tea services” being held across the county. These are short services, followed by refreshments, which have designed with the needs of people affected by dementia uppermost, but which are open to everybody. Come and see!

Grange over Sands: Third Monday in the month: Grange URC, Kents Bank Road; 2.30pm

Kendal: Third Thursday in the month: Kendal Parish Church, Kirkland; 2.30pm

Millom: Third Friday in the month: Lapstone House, Lapstone Road; 10.30am

Milnthorpe: Third Thursday in the month: St Thomas’ Church (2.00pm short Prayer Book service; 2.30pm tea, coffee, cake & chat)

Penrith: Every Friday: Christ Church, Penrith; 2.30pm

Carlisle: Third Tuesday of the month: St. George’s URC, West Walls, Carlisle CA3 8UF; 2.00pm

Name	Location	Frequency	Time	Contacts	Additional information
The Dementia Café	The Hub, Penrith Hospital	Last Tuesday of the month	1.30pm - 3.30pm		Everyone welcome
The South Lakes Dementia Hub	The Brewery Arts Centre, Highgate, Kendal	Monthly, Tuesday	2pm-4pm	KendalDAA@gmail.com	Kendal Dementia Action Alliance– working together to help improve the lives of people affected by dementia. A chance to chat and have a cup of tea in a relaxed setting.
Longtown Dementia Hub	Longtown Community Centre	4 th Tuesday of every month	1.30-3.30pm	rotary.walsh601@outlook.com 07967 108803	The Hub will provide a relaxed and friendly atmosphere where members of the local community can share their thoughts, concerns and ideas; spend time with those in a similar position to themselves; take advice from a range of local organisations and professionals.

Upper Eden Memory Club

Upper Eden Memory Club was started about 4 years ago under the aegis of Churches Together in Kirkby Stephen with funding from the Rotary Club of Upper Eden. For the first 3 years it met at the Friends Meeting House, but due to increasing numbers has now moved to the Methodist Church. The photo shows Rev Tony Taylor receiving a donation of £200 to the Club from Tan Hill Inn. This is to be used towards trips out in the Summer. The group also received a donation from Kirkby Stephen Dementia Friendly Community of £2000 earlier in the year. They have set up a satellite "Brough Thursday Group" which meets in Brough Methodist Church and as well being for those living with dementia and their carers they also welcome any who want somewhere to go for a brew and a chat.

Each group meets fortnightly and join together once a month for a buffet lunch in Kirkby at the Kings Arms.



TALK ON THE HISTORY OF CHRISTIANITY IN PENRITH AND ITS SURROUNDING AREA

Given by Professor Emeritus Michael Mullett

2.00 pm SATURDAY 11TH MAY 2019

Saint Catherine's Parish Centre, Penrith

Drovers Ln, Penrith CA11 9EL

Phone: 01768 862273

Professor Mullett, who was educated at Cambridge, held the Chair of Early Modern Religious History at the University of Lancaster. He is highly regarded as an expert on Martin Luther, the Quakers, and other aspects of Reformation theology. Currently he is at work on the effect of religious change on the life of people in Penrith and its surrounding area in the 16th century. Michael plans a trilogy, of which one volume has been published. In fact, in terms of both articles and books, he has an impressive record of scholarly publications, all of which are accessible to the lay reader. His long experience as a stimulating lecturer means that he will certainly be worth listening to. Professor Mullett, who has always been committed to the cause of legitimate ecumenism, and who has considerable respect for both the Anglican and Nonconformist traditions, is anxious that representatives from all the churches in Penrith and its district should attend his presentation. Entrance is free, but for administrative purposes it would be helpful if you could contact Saint Catherine's (01768 862273) or me, Christopher Robson (01524 62465), to say you are coming. No collection for any charity or cause will be taken, unless anybody wishes to organize one for Churches Together in Cumbria, which we all support. To assist the Parish Priest, Father John Winstanley, I shall make a donation to Saint Catherine's Church myself. It is probable that the event will last over an hour. There will be refreshments.

PAX ET BONUM

Caring for Cumbria's Churches

As you know The Churches Trust for Cumbria has received a National Lottery Heritage Fund for an exciting heritage project, ***Caring for Cumbria's Churches***. The aim is to produce a series of "tools".

1. The first of these is a self-inspection template to help maintain your church, basically a check list of things to look for inside and outside your building. I have a draft and I am looking for churches to pilot it, to make sure it is useful!

2. Is to produce a series of videos covering a variety of subjects, building fabric; governance; heritage professionals; maintenance and management, but also on open and welcoming church buildings and encouraging visitors. Specialist TV production company Brilliant Trees Media, who have strong links with the region will be filming across the county. If your church is involved in a project please get in touch.

3. The final "tool" is one you may recognise, The Sustainability Rosette. This concept emerged from the ecumenical Church Buildings Survey conducted some years ago. We have made a few tweaks but believe it remains a valuable resource to assess your church's viability.

A series of workshops, in May and September, will re-introduce the Sustainability Rosette and host a range speakers discussing funding; heating/ lighting and energy efficiency; security; faith tourism and other ways to help care for your church building. The workshops will run from approximately 9.30 - 3.30pm they are FREE and will include lunch!

1st May at Penrith Methodist Church

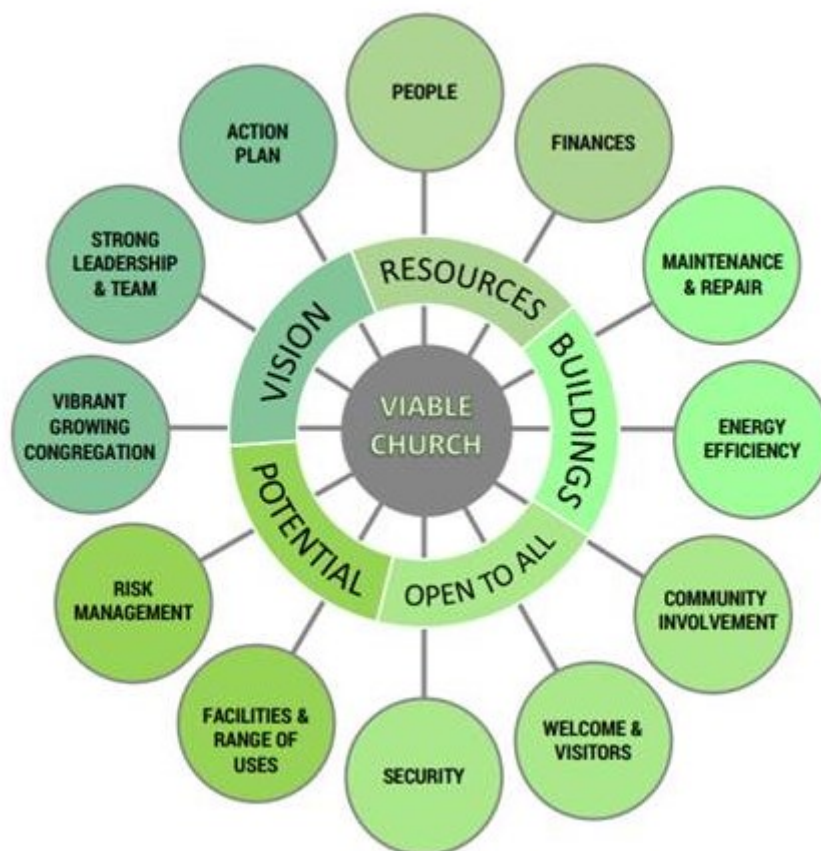
15th May at St Aidans Cafe, Barrow

22nd May at St Michael, Workington

11th September at Penrith Methodist Church

18th September Kendal TBA

25th September Cockermouth TBA



If you would like to pilot the maintenance check list, have an interesting project for filming or would like to attend any of the workshops please contact jayne@ctfc.org.uk or 07979 606131.

Spiritual Direction Training Course

In 2019 Cumbria Ecumenical Spirituality Group will be offering a course for those who would like to become Spiritual Directors.

The course will be held at Hawkshead Hill Baptist Chapel on one Saturday per month over ten months. The dates we've agreed so far are: 27 April; 1 June; 22 June; 13 July; 28 September; 19 October; 23 November 2019. Dates for January, February and March 2020 will be confirmed later.

The course will cost £200 per person and will include drinks throughout the day. Participants are asked to bring a packed lunch. Ideally participants will commit to attending all sessions to make the most of the teaching offered and allow the formation of trusting relationships within the group. Morning sessions will be taught with practical sessions after lunch, including sharing of real issues in small groups.

Anyone who has completed the Nourishing the Soul course is eligible to apply. There are 18 places available (limited due to space and availability of course leaders). Anyone who has not done Nourishing the Soul but has an equivalent course or experience is also welcome to apply. Places will be allocated at the discretion of the CESG team.

For further details or to apply, please contact Helen Brocklehurst (CESG treasurer and secretary) on cesg@lunesdale.community; 07901286776; 78 Beech Rd, Halton, Lancaster, LA2 6QH. You will receive an application form and more information about spiritual direction; your details will be passed to other members of the team (a small group of experienced spiritual directors) who will contact you to discuss the course further.

Godly Play

Cumbria: 3-Day Accredited Training Course

This practical, hands-on course is open to all, and will develop your ability to use the Godly Play approach in your own church or community.

Kirkoswald Methodist Chapel

Kirkoswald

Cumbria, CA10 1EF

Thursday 20th - Saturday 22nd June 2019

8.30am - 6.30pm (final day ends at 5pm)

Trainers: Mary Cooper and Sian Hancock

Cost: £315 (includes handbook, lunches and refreshments.)

Book on line. To check availability contact admin@godlyplay.uk

Bursaries are available in cases of need.

More than 1500 people in the UK have completed our accredited 3-day training course.

Godly Play UK is a registered charity [No 1116846]

You're invited to The Big Lunch!

What is The Big Lunch?

The Big Lunch is about millions of people getting together in their communities to share food, have fun and get to know each other better.

It's a simple idea from The Eden Project. On the first weekend in June, over 6 million people across the UK get set for The Big Lunch by taking to their streets, gardens and neighbourhoods to eat, chat and make friends. It's a glorious moment of fun that anyone, anywhere can share.

Research from 2018 found that 4.5 million people who went to a Big Lunch made new friends and those taking part feel less lonely, feel better about where they live, feel happier and say they have the confidence to do more in their community. Sounds good to us!

How you can get involved

Becoming a Big Luncher is easy. Why not hold a Big Lunch in your community to connect your neighbours and to raise awareness about your local church. You could use your Big Lunch to promote local groups and the great things you can expect when you are part of your local church.

Order your free Big Lunch 2019 pack today and get planning! www.thebiglunch.com



CHURCH YOUTH WORKER WANTED

Do you have a passion for Jesus?

Do you have what it takes to inspire a new generation of Christians?

Are you able to lead and inspire others?

If so, we want to hear from you.

At St James our vision is to love Jesus, serve the community and grow disciples.

Our work with young people is an important part of this.

We are looking for an enthusiastic, faith-filled youth worker to lead and develop our vision of growing young disciples. This is an exciting role as we seek to prioritise our ministry amongst new generations.

We already have a small group of young people ready to be nurtured, but need someone to lead, expand and develop new areas of ministry with our Sunday activities and mid-week groups.

This is a full time position but we will consider part-time applications with a minimum of 25 hours per week.

We are seeking to appoint a youth worker who will:

- Nurture our current 11-15s as lifelong disciples of Christ
- Develop the group activities to encourage young people up to and beyond the age of 18
- Pioneer new mission areas and outreach with young people within our community, engaging with the students in Denton Holme.

The successful candidate will have a passion and love both for God, and for young people, and will be committed to journeying alongside them to help them become fully 'themselves in Christ'.

We are looking for someone who is highly motivated and able to inspire and lead others. We as a church are committed to nurturing and growing the successful applicant in their leadership gifts and skills.

Weekend and evening working are essential to this post.

Salary: £17,000 to £19,000 per annum (pro-rata for part-time) depending on experience

Hours: 37.5 per week (or part-time minimum 25 hours)

Annual Leave: 25 days plus bank holidays (pro rata for part-time)

Closing Date: Friday 26 April 2019

For more details please contact the Revd Simon Bickersteth on 01228 810616, email simon@stjamescarlisle.org.uk or visit www.stjamescarlisle.org.uk

Reminder

Please remember to keep looking at the CTiC events page which is regularly updated with all the events we are notified about.

Please send information before 10th April for our May newsletter: ebctic@outlook.com. The May newsletter will be circulated early due to Easter.

For advice on safety/ security in crowded places please visit <https://www.gov.uk/government/publications/crowded-places-guidance>

All the information in this newsletter is published in good faith and for general information purpose only. Churches Together in Cumbria does not make any guarantee about the completeness, reliability and accuracy of this information. Nor does inclusion herein imply our endorsement of events or organisations.

Charity Registration Number: 1147833

www.churchestogethercumbria.co.uk



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