



Churches Together in Cumbria September 2019

The Churches Together in Cumbria Dementia Project **'Making every church in Cumbria dementia friendly by 2020'**

Since the beginning of the Project in 2015, 135 Dementia Enablers have been recruited in churches across Cumbria to help us work towards this aim. The role of Dementia Enabler in making their church dementia friendly is worked out at a local level and within the context of the local congregation.

Much has been achieved so far but there is still much to be done!

If, in your church, you don't as yet have someone in the role of Dementia Enabler, could I invite you to consider nominating someone to this role? There is a short form for them to complete and a brief training session for them to attend.

The next training session is planned for **Saturday 26th October 2019 10-12**. The venue will be confirmed nearer the time to be as convenient as possible to those wishing to attend. If you would like more information, or book to attend this training, please contact me, Yvonne Povey, Dementia Project Officer: dpotic@outlook.com.

Herdwyck Consort

I Sing of a Maiden

Choral music for the Virgin Mary
from the Middle Ages to the Twentieth Century

Sunday 29 September, 3pm
St Peter's Church, Heversham
(In aid of the renovation fund
for St John's Levens)

Tickets available on the door
or in advance from
pammartin47@gmail.com / 015395 60441

Adults £10
11 – 18 year olds £5
Under 11s FREE

Refreshments will be available after the concert.
Donations welcomed towards the fund

www.herdwyckconsort.co.uk



You are warmly invited to join us for

The 4th annual Churches Together in Cumbria

Dementia Conference

Saturday November 16th 2019 9.30-3.30

Penrith Methodist Church, Wordsworth St.

Penrith CA11 7QY

Keynote Speaker: Wendy Mitchell

(author of 'Somebody I used to know' and daily blog
'whichmeamtoday')

Booking is via Emma Brown: ebctic@outlook.com

Refreshments will be provided but please bring your own lunch



10.30am - 12 noon

Saturday 21 September 2019

Rawnsley Suite

Main Street, Keswick, CA12 5NP

Come and see how this national scheme helps you re-focus on
your neighbours, *connecting, befriending, serving* where you're
needed most... connecting the church with the lost and lonely.



www.neighbourhoodchaplains.co.uk

FOCUS ON... Homelessness

In June 2018, the Churches Together Social Responsibility Forum held a discussion day on housing and homelessness. As a result, a steering group was formed to look in more detail at the situation throughout Cumbria. We met as a group around once a month, and were joined each time by a range of different people who represent professionals working in the sector. For example: housing officers, district council staff, housing managers and housing providers. We also attended a number of housing and homeless forums.

These meetings were very informative and helped develop our thinking about an event to bring together representatives from public, private and third sector organisations who work in housing and homelessness. Our thoughts evolved further into focussing (for the time being) on homelessness rather than housing, and that there is a need to share knowledge and experience across boundaries to develop a cohesive way of working. We learned of "cracks" in the system into which homeless people fall, due to policies and procedures sometimes being at odds with one another, and common issues including lack of support for those with mental health issues, the "revolving door" syndrome, and differences in data being gathered. Everybody we spoke to agreed homelessness is a hidden and greater problem in Cumbria than headlines suggest, and we encountered a real willingness for people to come together in an effort to address these difficult issues.

This event is being held on Monday 7th October for invited guests across the sector. There will be presentations from Bishop James as the Church of England lead in the House of Lords on Health and Social Care; a representative from St Mungos in London (www.stmungos.org); and Jon Kuhrt, Rough Sleeping Adviser to the Government. Guests will be asked to come prepared to work to identify the "sticky" issues around homelessness, and ideally make a real commitment to working together in a smarter way for the benefit of those we are all trying to help.

This event is not about needing more money and other resources for more housing, rather it is about establishing relationships between those who work tirelessly, yet in silos in order that they might work together. We hope to establish the beginning of better outcomes for the homeless in Cumbria, rather than this event being an end in itself.

We have a comprehensive list of attendees, but if you know of anybody who should be there due to their knowledge or experience of homelessness in Cumbria, please do let us know.

Shelagh Goldie
Social Responsibility Officer
shelagh.goldie@gmail.com

Cumbria Family Support – Can you Help? -Eden, Carlisle and Allerdale Areas

Cumbria Family Support has been providing help to local families for 26 years, and in the current climate the need for family support is greater than ever. Our Home Support service matches volunteers with families who have young children, and who are experiencing difficulties relating to health or disability, emotional wellbeing or parenting. Volunteers visit usually for a couple of hours each week to give practical and emotional support. Training and ongoing individual and group support is given to volunteers, and travel expenses paid.

If you are interested in helping to support families with young children and have a few hours to spare each week, we'd love to hear from you. We already have many fantastic volunteers doing a wonderful job, but the demand for our service is great so we're keen for more people to join us. Whether you are retired and looking for a new interest, young and wanting to gain experience, or 'somewhere in between', supporting families can help to make a real difference in our community.

If you'd like to know more, please contact: Family Support Coordinators:

Sarah Craig (Eden) on 01768 593102; Val McQuillin (Workington) on 01768 593102; Dan Nicholson (Carlisle) on 01228 227348

“Tea Services”

As part of CTiC’s dementia-friendly churches project, there are now a number of “tea services” being held across the county. These are short services, followed by refreshments, which have designed with the needs of people affected by dementia uppermost, but which are open to everybody. Come and see!

Kendal: Third Thursday in the month: Kendal Parish Church, Kirkland; 2.30pm

Barrow: Second Monday in the month: Holy Family Church hall, Ostley Bank, LA13 9RL; 2pm

Millom: Third Friday in the month: Lapstone House, Lapstone Road; 10.30am

Milnthorpe: Third Thursday in the month: St Thomas’ Church (2.00pm short Prayer Book service; 2.30pm tea, coffee, cake & chat)

Penrith: Every Friday: Christ Church, Penrith; 2.30pm

Carlisle: Third Tuesday of the month: St. George’s URC, West Walls, Carlisle CA3 8UF; 2.00pm

Name	Location	Frequency	Time	Contacts	Additional information
The Dementia Café	The Hub, Penrith Hospital	Last Tuesday of the month	1.30pm - 3.30pm		Everyone welcome
The South Lakes Dementia Hub	Abbot Hall Social Centre, 1 Dowkers Lane, Kendal LA9 4DN	Monthly, second Tuesday of each month	2pm-4pm	KendalDAA@gmail.com	Kendal Dementia Action Alliance– working together to help improve the lives of people affected by dementia. A chance to chat and have a cup of tea in a relaxed setting.
Longtown Dementia Hub	Longtown Community Centre	4 th Tuesday of every month	1.30-3.30pm	rotary.walsh601@outlook.com 07967 108803	The Hub will provide a relaxed and friendly atmosphere where members of the local community can share their thoughts, concerns and ideas; spend time with those in a similar position to themselves; take advice from a range of local organisations and professionals.
Dementia Hub	The Living Well Centre, Duke St, LA14 5UL	4th Wednesday of every month	1-3pm		In our friendly environment you will be able to access all kinds of guidance and help for people diagnosed with dementia, their carers, or people worried about their memory



Christian Meditation Cumbria
Boarbank Retreat

**Contemplative Prayer
in Daily Life**

**Friday 22nd November
to Sunday 24th November 2019**

The Retreat will be led by Cameron Butland on the theme of 'Contemplative Prayer in Daily Life'. The retreat will be structured around regular times of silence, and with short talks relating the theme to the writings of contemporary contemplatives such as Martin Laird, Richard Rohr, Cynthia Bourgeault, Laurence Freeman and many more. There will be plenty of space for personal silence and reflection.

Please book your place as soon as possible with Cameron via the following email –
cdsa03@gmail.com

Bookings should be made by 31st October at the latest.
Please specify at the time of booking any dietary requirements.

The cost of the retreat is £130, with concessions £100.

All payments should be made with the CMC Treasurer Bob Morley. When you book with Cameron your details will be passed onto Bob for payment to be arranged.

We are grateful to the Sisters for hosting our retreat, the details of the venue are:

Boar bank Hall
Allithwaite
Grange over Sands
Cumbria LA11 7NH
Tel: 015395 32288



'I think what all of us have to learn is not so much that we have to create silence. The silence is there within us. What we have to do is to enter into it, to become silent, to become the silence.'

John Main

The Churches Together Environment group met again recently. Our previous chair Ian James stepped down from this post earlier this year, and Sir Martin Holdgate has agreed to be interim chair.

Our focus with this group is to be more outward looking, to attract new members, and to encourage all churches in the county to register as an eco church (if they have not already done so).

We recognise the need to be more relevant to today's world, and to that end we aim to use social media for improved communication and sharing of news and activities. This is under development at present, so please keep an eye on the CTiC website and facebook pages for further news.

We are meeting again on Thursday 31st October 4pm – 6pm in Penrith. If you are interested in being involved with this group, or even just interested in coming along to see what we are about, please do get in touch with Pam Martin (pammartin47@gmail.com).

The group recognises that not only is caring for our environment the fifth mark of mission, but is something which should be a top priority for us all, and for our buildings.

There will be another Caring For our Common Home conference in March 2020.



Worship and Engagement in Later Life

A training day for all involved in leading worship and pastoral care for older people. Discover ways in which older people, including those living with dementia, can be drawn into worship and find it a positive experience.

Designed to meet the needs of different churches, retirement settings and other places of worship.



To book please contact
Georgina Fearon at
chaplaincypa@mha.org.uk
or telephone 01332
221922

Lunch will be provided

MHA is registered as a Charity - No. 1083195. Company Limited by Guarantee - No. 4543124.

Join us
10am-3pm

29 October

St Paul's, Hills Road,
Cambridge CB2 1JP

30 October

Badminton Road
Methodist Church,
Bristol BS16

30 October

St Luke's Church,
Great Colmore Street,
Birmingham

1 November

Pinner Methodist
Church, Love Lane,
Pinner HA5 3EE

13 November

Leeds Church Institute
New Market St, Leeds
LS1 6DG

19 November

Penrith Methodist
Church, 10
Wordsworth St,
Penrith CA11 7QW

AN EVENING WITH PAUL JONES & FIONA HENDLEY

**PENRITH METHODIST CHURCH
WEDNESDAY**

25th September 2019 - 7.30 pm



Acclaimed West End & TV
Actress

The Manfreds, Blues Band

An uplifting, enjoyable and inspiring evening of Words & Song

Paul & Fiona share how finding a deep Christian faith has
changed their lives

**Tickets -
Priced £8
from**

Penrith Parish Church Office
Penrith Methodist Church Office
Style Line, Middlegate, Penrith
OR At the door on the night (if still
available)

AWAY DAY FOR WOMEN

Sat 12th & Thurs 17th October 2019
(choose your day)

10.30am - 3.00pm

Hawkshead Hill Chapel (LA22 0PW)



WHAT'S IN A NAME?

*What names do we use for God..
and for ourselves?*

Led by Rev Pauline West & Rev Kath Dodd

*This is a day for input, reflection, prayer,
personal space and mutual support.*

Please bring a packed lunch. Soup and drinks provided

There is no fixed charge, but a donation is invited on the day.

Parking available on the cottage drive, and nearby side road.

For more information and to book a place please contact Kath Dodd
on 015394 36451 or e-mail kath.dodd@btinternet.com



The Salvation Army
Abbey Street
Carlisle



Visit of

The International Staff Band

Musical Director Dr Stephen Cobb

Special Guest: Philip Cobb

Principal Trumpet London Symphony Orchestra

Saturday 26th October 2019

Concert at 7.00pm



At

Carlisle Cathedral

Ticket Only. (Tickets are free) in advance

BOOKING ESSENTIAL

Retiring Collection in aid of Carlisle Corps & Carlisle Cathedral

Booking Contact: Mr Kenneth Elliott

kenneth.elliott@salvationarmy.org.uk

Telephone: 01228 526503

The Salvation Army registered Charity No. 214779 and in Scotland SC009359; Social Trust
Registered Charity No. 215174 and in Scotland SC037691
Republic of Ireland Registered Charity No. CH16399; Guernsey Registered Charity No. CH318; Jersey NPO0840;
Isle of Man Registered Charity No. 267
The Salvation Army Trustee Company, registered number 00259322 (England and Wales).
Registered office: 101 Newington Causeway, London SE1 6BN

JOIN US AS A MAGISTRATE IN THE CRIMINAL COURTS

* Being a magistrate

allows you to perform a
rewarding and worthwhile
voluntary activity in your
community

provides an interesting and
challenging role

provides training and
experience in decision
making, teamwork and
leadership

supports the delivery of
justice, helping to protect
the public and have an
impact on the lives of
others.

* We encourage and welcome
diversity from all sections of our
community in order to reflect the
people with whom we come into
contact.

* You do not need any legal or other
qualifications or experience as training
and support is on-going. A detailed
knowledge of the law is not necessary
as you will receive that from a legal
advisor in court.

* You do need the ability to think
carefully and logically, be a good
communicator and apply common
sense and fairness to cases.

* Magistrates are not paid but you will
be able to claim expenses, including
any loss of earnings.

* The minimum sitting requirement for
all magistrates is 13 full days per year
(most magistrates do more) plus
mandatory training which is a
minimum of 3.5 days in the first year.
Your rota is decided around your
availability.

* Magistrates must commit to serve for
at least five years from appointment
and normally retire at 70.

* More information and application
forms are available at [www.gov.uk/
become-magistrate](http://www.gov.uk/become-magistrate). The closing date
for applications is 30 September
2019.

If you require further information then
please contact us by email at
Recruitmentcommittee@judiciary.net



A Befriending Service, A Listening Ear

Carlisle District
St Vincent de Paul Society



07546 922528

The Copeland Governance Academy

The Whitehaven Foyer, 44 Irish Street Whitehaven, CA28 7BY

The Copeland Governance Academy is about developing small groups and empowering individuals. Increasingly small or new organisations are encouraged to take on greater responsibilities for supporting the delivery of local services. Funded through Copeland Community Fund and Cumbria County Council, the Copeland Governance Academy can assist groups through the following FREE* short sessions that will take place at the Whitehaven Foyer.

1. Setting up a group—what you need to know
2. Choosing a legal structure for your group or organisation
3. Registering as a charity including a Charitable Incorporated Organisation (CIO)
4. Responsibilities of charity trustees
5. Being a Chair—chairing skills
6. Key documents—policies and procedures
7. Finding funding

Dates:

Tues 10 Sept 2019	10am—12noon	Setting up a group—what you need to know
Tues 24 Sept 2019	10am—12noon	Choosing a legal structure for your group or organisation
Tues 8 Oct 2019	10am—12noon	Registering as a charity including a Charitable Incorporated Organisation (CIO)
Tues 29 Oct 2019	10am—12noon	Responsibilities of charity trustees
Tues 12 Nov 2019	10am—12noon	Being the Chair—chairing skills
Tues 26 Nov 2019	10am—12noon	Key documents—policies and procedures
Tues 3 Dec 2019	10am—12noon	Finding funding (<i>please bring your own laptop/tablet to this session if possible</i>)

Book your place:

Online: www.cumbriacvs.org.uk/training-and-events

Booking form: complete and return a booking form to:

Cumbria CVS, Shaddongate Resource Centre, Shaddongate, Carlisle, CA2 5TY

info@cumbriacvs.org.uk

- **You don't need to attend every session—just book on to the ones that you will find useful***
- **Maximum of two people per organisation per session**
- **Light refreshments will be available**

***£10 Cancellation fee will apply if an attendee cancels within one week of the course date and/or for non-attendance of any or all of the sessions. Full details are on our website: www.cumbriacvs.org.uk**

Gathering in Glasgow on Conflict and Faith

Glasgow Royal Concert Hall and Adelaide Place Baptist Church, Glasgow
Thursday 31st October (09:00) – Saturday 2nd November (12:30) 2019



**Tickets from
£170 – £295**
Early bird and day
tickets available

Change, conflict and reconciliation are core to the journey of faith, to churches and to the world. Open to everyone interested in faith-based conflict transformation, this gathering aims to:

- respond to the hunger for reconciliation and peace in churches and communities
- develop and sustain the art of conflict transformation, reconciliation and peacebuilding
- share and develop knowledge and skills to support reconciliation work
- strengthen the unique contribution made to conflict transformation by churches and faith communities
- uncover the peacemaking skills you already have!

Keynote Speakers
David Brubaker
Sarah Hills
Place for Hope / Ruth Harvey
Brendan McAllister

For more information and to book
w: www.placeforhope.org.uk/events
e: info@placeforhope.org.uk
t: 07884 580 359
Charity No: SC045224

This event is eligible for Church of Scotland Study Leave.
Place for Hope acknowledges the support of Glasgow Convention Bureau, and that a Civic Reception is being hosted courtesy of The Rt Hon The Lord Provost Councillor Bryn Bolerand.

Gathering in Glasgow is a partnership between:



Reminder

Please remember to keep looking at the CTiC events page which is regularly updated with all the events we are notified about.
Please send information before 15th September for our October newsletter to: ebctic@outlook.com

All the information in this newsletter is published in good faith and for general information purpose only. Churches Together in Cumbria does not make any guarantee about the completeness, reliability and accuracy of this information. Nor does inclusion herein imply our endorsement of events or organisations.
Charity Registration Number: 1147833

www.churchestogethercumbria.co.uk



Rev Sarah Moore

CTiC President

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t: 01539 724567

Emma Brown

CTiC newsletter

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