



Churches Together in Cumbria July 2020

Anna Chaplaincy

We continue to look towards an autumn launch of Anna Chaplaincy in Cumbria.

Our very good news is that we have managed to secure funds to employ someone to work as the Anna Chaplaincy Lead across the County, introducing and establishing Anna Chaplaincy as a ministry of the Church in Cumbria. The job advert appears on page 2.

Anna Chaplaincy is a community- based approach to chaplaincy that is concerned with the spiritual care of older people and which focuses on visiting older people wherever they may be living, be it in nursing and residential care settings, extra care schemes, sheltered housing complexes or in private homes.

It seeks to accompany older people in the later stages of their lives, helping them to reflect on their life's journey, enabling the healing of memories as well as the celebration of experience in order to foster hope and resilience.

Within the wider community Anna Chaplains have a role as advocate and champion of the contribution that older people make to society.

It is a ministry based in the local church which complements rather than replicates other existing areas of ministry.

The website www.annachaplaincy.org.uk is a rich source of information.

If you would like to find out more about Anna Chaplaincy, whether it might be an area of ministry God is calling you to, or how it might fit into the life of your church, please do get in touch with me.

Yvonne Povey

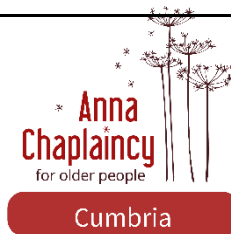
Dementia Project Officer/Temp Anna Chaplaincy Lead

Email: dpotic@outlook.com

Phone: 01768 897138



Cumbria



Actively promoting God's love for everyone.

Anna Chaplaincy Lead

Churches Together in Cumbria are launching a two-year Project to introduce and establish Anna Chaplaincy as a ministry of the Church in Cumbria. They are looking to appoint a person in a lead role to co-ordinate and oversee this work. The post will involve working from home with travel across the County.

There is an Occupational Requirement for the post holder to be a practising Christian in accordance with Schedule 9 of the Equality Act 2010.

Hours: 20 per week. *Salary:* £20,000 (£35,000 fte)

Start date: 1 September 2020.

Further details and application form are available on our website:

www.churchestogethercumbria.co.uk or please contact:

Jenny Andrews, CTiC Administrator

Email: ebctic@outlook.com

For more information or to have an informal conversation about this post, please contact:

Diana Armstrong, Chair-elect Anna Chaplaincy Advisory Committee

Email: puffindi@hotmail.com

Phone: 07342 693436

Closing date for applications: Monday 13 July at noon

Interviews will be held on: Tuesday 21 July

STOP LOAN SHARKS
Intervention . Support . Education

**PARTNERS
UPDATE**

We're still here to support loan shark victims

We are aware that COVID-19 has left some people struggling financially and loan sharks may look to take advantage of those who have found themselves in a vulnerable position and feel they have nowhere else to turn for help.

We are committed to helping victims of illegal money lending and providing support that is immediate, practical and tailored to their needs.

Our specialist team are still here to help 24/7, in the same way we always do. If you are concerned that a client, resident, or service user may be a victim of illegal money lending, you can make a referral to our services [here](#).



We're still here to support victims at this difficult time.

0300 555 2222

Loan sharks are not your friend.

STOP LOAN SHARKS
Intervention . Support . Education

Thank you to all our partners for their continued support. You are the eyes and ears of our communities and help us gather intelligence that will bring loan sharks to justice.

Bay Health &
Care Partners
delivering



Hospital visiting

Due to the ongoing risks associated with coronavirus (COVID-19), visiting at UHMBT will remain temporarily suspended.

In exceptional circumstances, one visitor (an immediate family member or carer) is permitted to visit if:

- The patient is receiving end-of-life care
- The visitor is a birthing partner accompanying a woman in labour
- The visitor is a parent or appropriate adult visiting their child
- The visitor is supporting someone with dementia, a learning disability, autism, or something similar - where not being present would cause the patient to be distressed

Visitors for the above must be agreed with the nurse in charge of the ward before attending the hospital.

To enable patients to keep that important contact with their family and friends, the Trust has put a number of things in place, including:

- Teams across the Trust are encouraging patients to keep in touch via their smartphone or tablet if they are able to
- A small supply of iPads is available in each hospital to allow patients to video call their family and friends
- Relatives and friends can share messages with their loved ones in hospital by filling in the form on the [Trust's website here](#). The message is then delivered directly to the patient.

Remedi



Help available to support victims of Crime to better cope and recover after crimes against them.

Thank you for the opportunity to explain a little about Restorative Justice and hopefully reach out to more Victims via the CTiC newsletter who may be interested in learning more about the service that may help victims of crime to better cope and gain closure on traumatic events during this difficult time of increased isolation.

Remedi are commissioned by the Police and Crime Commissioner to offer Restorative Justice to all victims of crime in the region. We are available across the whole of Cumbria to help and support any victims to explore Restorative Justice with the people that caused the harm and were convicted. This is a service that enables Victims to get answers to questions that only the offender would be able to answer, or to tell the offender in a very safe and controlled way how the offence has affected them and their lives since the incident.

Most victims of crime that take advantage of the free to use and confidential service report greatly reduced feelings of anxiety or fear from the incidents, while having greater feelings of empowerment by taking the opportunity to express to the offender the impact a traumatic incident may have had upon them and their lives.

People are often under a false belief that an offender will get a reduced sentence or other advantage by engaging in Restorative Justice, this is simply not the case. The only tangible benefits for an offender engaging in Restorative Justice, is an opportunity to appreciate the impact their behaviour and actions had on a victim, and an opportunity to apologise for these to the victim.

It's also important to understand a victim does not need to actually meet with their offender if they do not wish to do so. Restorative Justice can be achieved via an indirect route whereby the trained practitioners will relay questions etc between the victim and offender. The service aims to support people to prepare and undertake a Restorative outcome at a pace that suits the people involved, and can be stopped at any time if the participants change their mind.

Some of the recent feedback comments received from people who made a choice to explore Restorative Justice across Cumbria included:

"Wish I'd known about it sooner"

"Fantastic Service that I would recommend to anyone"

"I can sleep at night now"

"I feel like a weight has been lifted"

"I am not sleeping with one eye open anymore"

"I cannot thank you enough for what you have done for our family"

If anybody would like more information about the service, or a no obligation and confidential chat about how this service may help them, please call any of practitioners on the below numbers:

Megan – 07949 986704

Ashley – 07376 210426

Chloe – 07538 837264

Dave Bates – Remedi Restorative Justice Manager in Cumbria, david.bates@remediuk.org

Telephone Number – 07539 030692

Government information

GOV.UK

NEW Timeline of changes that are due to come into place over the next few months in England

We continue to see relaxation of the lockdown arrangement; you can check the current guidance on the government website:

<https://www.gov.uk/government/publications/coronavirus-outbreak-faqs-what-you-can-and-cant-do/coronavirus-outbreak-faqs-what-you-can-and-cant-do>

Claire King, Consultant in Public Health (Cumbria County Council), has summarised some of the main changes and when they take effect below – with links to further information where appropriate.

Date	Change	Link to more info
1 st July 2020	Furlough: Businesses using the Government's furlough scheme will be able to bring furloughed employees back part-time. Even if they don't, the Government will continue to pay 80% of staff salaries during July.	More information of furlough arrangements here: https://www.gov.uk/guidance/calculate-how-much-you-can-claim-using-the-coronavirus-job-retention-scheme
4 th July 2020	Social (physical) Distancing: From 4 th July, people should either stay 2m apart or '1m plus' – which is one metre plus mitigations. These mitigations will depend on the workplace or setting. For example, on public transport, people must wear a face covering, as it is not always possible to stay 2m apart. In other spaces, mitigations could include installing screens, making sure people face away from each other, putting up handwashing facilities, minimising the amount of time you spend with people outside your household or bubble, and being outdoors.	The Government has set out COVID-19 Secure guidance to help businesses take the measures that are right for them: https://www.gov.uk/guidance/working-safely-during-coronavirus-covid-19
4 th July 2020	Tourism: English hotels, holiday apartments, campsites and caravan parks can reopen, providing they adhere to COVID-19 guidelines. Businesses and Community Services: Pubs, restaurants and hairdressers will be able to reopen,	See here: https://www.gov.uk/government/publications/coronavirus-outbreak-faqs-what-you-can-and-cant-do/coronavirus-outbreak-faqs-what-you-can-and-cant-do-after-4-july

	Some leisure facilities and tourist attractions may also reopen, if they can do so safely, this includes outdoor gyms and playgrounds, cinemas, museums, galleries, theme parks and arcades, as well as libraries, social clubs, places of worship and community centres.	
4 th July 2020	<p>Social (physical) Distancing: You can meet in groups of up to two households (your support bubble counts as one household) in any location - public or private, indoors or outdoors. You do not always have to meet with the same household - you can meet with different households at different times. However, it remains the case - even inside someone's home - that you should socially distance from anyone not in your household or bubble. This change also does not affect the support you receive from your carers.</p> <p>You can also stay overnight away from your home with your own household or support bubble, or with members of one other household.</p>	<p>See here: https://www.gov.uk/government/publications/coronavirus-outbreak-faqs-what-you-can-and-cant-do/coronavirus-outbreak-faqs-what-you-can-and-cant-do-after-4-july</p>
4 th July 2020	<p>Weddings: Weddings and civil partnerships will be allowed to take place. You should only invite close friends and family, up to a maximum of 30 people.</p>	<p>See here: https://www.gov.uk/government/publications/coronavirus-outbreak-faqs-what-you-can-and-cant-do/coronavirus-outbreak-faqs-what-you-can-and-cant-do-after-4-july</p>
6 th July 2020	<p>Shielding: From 6 July, the government will be advising that the clinically extremely vulnerable:</p> <ul style="list-style-type: none"> • may, if they wish, meet in a group of up to 6 people outdoors, including people from different households, while maintaining strict social distancing • no longer need to observe social distancing with other members of your household • in line with the wider guidance for single adult households (either an adult living alone or with dependent children under 18) in the general population, may from this date, if you wish, also form a 'support bubble' with one other household. All those in a support bubble will be able to spend time together inside each other's 	<p>Updated guidance will be published on the 6th July. In the meantime, see here: https://www.gov.uk/government/publications/coronavirus-outbreak-faqs-what-you-can-and-cant-do/coronavirus-outbreak-faqs-what-you-can-and-cant-do-after-4-july</p>

	homes, including overnight, without needing to socially distance	
13 th July 2020	Deadline for self-employed: The self-employment Income Support Scheme currently allows you to claim a taxable grant worth 80% of your average monthly trading profits, paid out in a single instalment covering 3 months' worth of profits, and capped at £7,500 in total. If you're eligible and your business has been adversely affected you must make your claim for the first grant on or before 13 July 2020.	See here: https://www.gov.uk/guidance/claim-a-grant-through-the-coronavirus-covid-19-self-employment-income-support-scheme
1 st August 2020	Shielding: Clinically extremely vulnerable people will no longer be advised to shield, but support will remain available from NHS volunteers and local councils. People will retain their priority for supermarket delivery slots, and still be able to access help with shopping, medication, phone calls and transport to medical appointments. They will be able to participate in more activities such as visiting shops and places of worship. Those who need to work and cannot do so from home will be able to return to work as long as their workplace is COVID secure, adhering to the guidance available.	Updated guidance will be published on the 1 st August.
1 st August 2020	Furlough: From August to October, while employees on furlough will continue to get 80% of their salary, who pays for that will change slightly. The amount the Government pays will be reduced each month, with employers expected to contribute towards furloughed employees' employment costs. The scheme will come to an end on 31 October 2020, as previously announced.	More information of furlough arrangements here: https://www.gov.uk/guidance/calculate-how-much-you-can-claim-using-the-coronavirus-job-retention-scheme

Let me share a couple of items which have come my way recently. Both the poem and the prayer may well be known to you, though I will admit that the prayer is new to me. Each has a certain topicality, I sense.

David Richardson

Treasurer and Chair of Anna Chaplaincy Advisory Committee, CTiC



I said to the man
who stood at the gate of the year,
'Give me a light that I may tread safely
into the unknown.'
And he replied,
'Go out into the darkness
and put your hand into the hand of God.
That shall be to you
better than light
and safer than a known way!
'So, I went forth
and finding the Hand of God
, trod gladly into the night.
And he led me towards the hills
and the breaking of day in the lone East.

We are not people of fear:
we are people of courage.
We are not people who protect
our own safety:
we are people who protect our
neighbours' safety.
We are not people of greed:
we are people of generosity.
We are your people God,
giving and loving,
wherever we are,
whatever it costs
For as long as it takes
wherever you call us.

Reminder

Please remember to keep looking at the CTiC events page which is regularly updated with all the events we are notified about.
Please send information before 15th July for our newsletter:
ebctic@outlook.com

Find out more about the work of CTiC in our overview paper, available on the website: https://www.churchestogethercumbria.co.uk/Groups/318434/About_Us.aspx

All the information in this newsletter is published in good faith and for general information purpose only. Churches Together in Cumbria does not make any guarantee about the completeness, reliability and accuracy of this information. Nor does inclusion herein imply our endorsement of events or organisations.
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