

Welcome to our September Newsletter. This month's issue includes a page of prayer and reflection from Kath Dodd of the Ecumenical Spirituality Group, notice of the Dementia Conference, information about emergency planning, modern slavery, a bereavement course, support for charities and World Suicide Prevention Day, and a retiring message from our Treasurer.

What are you doing for Easter?

This may seem a strange question to ask in early autumn. It will seem even stranger if I say that the Easter I have in mind is not next year's (Sunday April 4th, by the way) but one several years down the line.

The question I want to put is, 'What are you doing for Easter 2033?' This will, I assume, see the commemoration of the two thousandth anniversary of the crucifixion and resurrection of Jesus Christ. Now, there are almost five thousand days to go before we reach Good Friday that year (April 15th) and Easter Day (April 17th), and it may be thought wholly premature even to think about the most preliminary planning for that weekend. 'Who knows what the world will look like by then?' The one certain rejoinder to that question is that, whatever its preoccupations in the early 2030s may be, the world will need to hear the good news of Jesus and to see his message translated into action by his followers. Moreover, Easter 2033 will give Christians an unparalleled, once in a century, opportunity to tell the world about Jesus.

May this momentous anniversary be marked by a spirit of unity. May we think of the Church (capital singular) rather than the churches (lowercase plural). For Christ's sake, let us set our differences aside, and send our prejudices on furlough – and, pray God, not just for one weekend. May this anniversary be marked by boldness in preaching the gospel; may people hear that, as in Adam all die, even so in Christ shall all be made alive. May this anniversary be marked by compassion in action and by campaigning against injustice, for the sake of Christ and the world he came to save.

If we want these things to happen, let us get going now. Where better to start than in England's premier ecumenical county?

What are you doing for Easter?

David Richardson Treasurer, Churches Together in Cumbria



The Bereavement Journey, Cumbria.

Supporting people who are bereaved, even if a long time ago, is something our culture doesn't do well. Sadly, the number of bereaved people has risen significantly in recent months, and we wish to offer some support.

Holy Trinity church in Brompton developed a course called The Bereavement Journey which has been delivered to small groups very successfully over the past 25 years. Recently, this course has been delivered online, and feedback has been very positive. Further details can be found on their website: <u>https://thebereavementjourney.org/</u>

CTiC is now offering this course in Cumbria using Zoom. The first course will be delivered on Thursday evenings, beginning on 17th September at 7.30pm - 9.30pm. The course runs for six weeks, so will end on Thursday 22nd October.

We will have two groups of eight guests. If you are interested in booking a place, or would like more information, please email shelagh.goldie@gmail.com .

There is also further details and a booking form on the CTiC Website (address below).

The course has been very popular, so we are offering a second course beginning Thursday 5th November 7.30pm for six weeks, ending Thursday 10th December. Thereafter we hope more people will run courses to keep waiting lists at a minimum.

We welcome guests of any age who have been bereaved at any time.

Shelagh Goldie

<u>shelagh.goldie@gmail.com</u>

www.churchestogethercumbria.org.uk

The Bereavement

CTiC has moved.....!

Churches Together in Cumbria has moved web address—we can now be found at:

www.churchestogethercumbria.org.uk



3CHURCHES TOGETHER IN CUMBRIA SEPTEMBER 2020

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Churches Together in Cumbria Fifth Annual Dementia Conference

The fifth annual Churches Together in Cumbria Dementia Conference will take place via Zoom on Saturday 19th September 10.30-12.30. The Conference marks the end of the current Dementia Project and the launch of Anna Chaplaincy as we look to see this introduced and established as a distinct ministry of the Church in Cumbria. We warmly invite you to join us!

The details for joining the conference are:

Topic: Dementia Conference Time: Sep 19, 2020 10:30 AM London

Join Zoom Meeting https://us02web.zoom.us/j/82107490534?pwd=K2IjRUImR3BFV1hUTUp6R1NzUG9BUT09

Meeting ID: 821 0749 0534 Passcode: 736833

Or Dial in: 0203 051 2874 United Kingdom

Meeting ID: 821 0749 0534 Passcode: 736833

We very much hope you are able to join us.

Yvonne Povey, Dementia Project Officer

Email: dpoctic@outlook.com



Modern Slavery Online Training

Training in Modern Slavery awareness via two Zoom sessions. Suitable for everybody and vital for all.

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Monday 16th November 4-6pm and Monday 23rd November 4-6pm

For more info and to book please contact Shelagh Goldie

shelagh.goldie@gmail.com





Over the last few months, Cumbria CVS has developed many new Covid-19 specific guidelines and resources to enable groups to safely recruit, retain and support volunteers. These are all available on our website – a mixture of traditional pdfs coupled with some digital resources and videos. Please do access what you need: https://cumbriacvs.org.uk/coronavirus/covid-19-volunteering/

And so finally if this pandemic has taught us anything – for me, there are three key things:

- Be kind to others as well as yourself
- Continue to help your neighbours and those most in need, local organisations and groups
- Realise the importance of team work, partnership working and putting volunteers and communities at the heart of everything that we do.

Judith Smale County Volunteer Support Officer Cumbria CVS

Recruiting Churches Together in Cumbria Emergency Response Coordinators

Emergencies can take many forms and CTiC is reviewing it Emergency Response plan in the light of the pandemic and because of this we are seeking Emergency Coordinators at Local community, District Council and County Council levels. Please contact Revd Nicola Reynolds on 01697 508465 or email nicola.reynolds2@talktalk.net

Person Specification:

Useful skills

Ability to stay calm in an emergency



Ability to think logistically, to assess the situation, plan a response and put it into action in a timely fashion.

Ability to communicate with others through various media.

Ability to implement the Emergency Plan but also able to think "outside the box" at times.

To be prepared to remain available as a point of contact throughout the emergency and into the recovery phase.

People with experience in support services such as Police, Fire and Rescue, the Military or Logistics in industry or business for example may have skills to offer but not exclusively.

Be the Churches and Faith groups representative at meetings organised by the County Council and communicate information to the Churches and to Faith Groups if not represented.

To assess the Churches response and review the Emergency Plan in the light of new situations.

To be a point of contact with agencies or businesses offering support to those affected by the emergency such as food stuffs offered to the churches providing rescue centres and/or community support.

To receive queries or requests for help from the churches who are organising and running support for their communities.

The CTiC plan is to have as a minimum of:

Two Emergency Response Coordinator at County level to be the first point of contact with the County Council Resilience Unit or the Emergency Services

Two Coordinators in each District to be the point of contact for the CTiC County Coordinators in the event of an emergency, to liaise with their District Council Emergency Group and to communicate what is needed to the local Churches Together Groups and or Mission Communities.

Two people in each CT group and Mission Community who are the link with the CTiC District Coordinator in the event of an emergency.

Cumbria CVS: Focus on Funding

To download this weeks Funding Focus, featuring all the latest information on funding, click here: <u>https://cumbriacvs.org.uk/</u> wp-content/uploads/2020/03/Focus-on-Funding-11 8 20.pdf

This week it includes:

 Sellafield Ltd and Nuclear Decommissioning Authority announces £2.2m of funding to Transform West Cumbria. The SIx (Social Impact Multiplied Fund will have a laser focus on addressing poverty. First two funds announced and open for applications are the Family Wellbeing Fund and the #CanDo Young People's Fund.

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- Armed Forces Covenant Funds announces two new programmes Force For Change Fund and Tackling Loneliness Fund now open for applications.
- Black and Minority Ethnic Led organisations working with black and ethnic minority communities have two new funding opportunities with the Phoenix Emergency Fund and the Common Call Covid Fund.
- Cultural organisations can apply for Cultural Organisation Recovery Fund.
- Employers can find out more and decide whether to apply for the Apprentices Fund for Employers
- Zoos and Aquariums can now apply for the Zoo Animals Fund.
- Last (but not least!) there is a Final Call for Applications for National Lottery Coronavirus Community Support Fund.

So make a coffee and have a read find out about funding your organisation may be eligible to apply for.

A Big thank you to everyone who joined us last friday (7 August) for the **First Friday Funding Forum:** "Cracking Tips for Fruitful Fundraising" Further details to follow next week.

Cumbria CVS has dedicated Funding Officers to help your organisation or group. We have helped and supported not for profit groups across Cumbria to secure over £115,260 since lockdown commenced in mid-March. If you want our help, advice and support in relation to funding for your not-for-profit organisation or group please contact us by emailing: <u>CVSFunding@cumbriacvs.org.uk</u> If you do not have access to email, please call **01768 800350**.

Join us on World Suicide Prevention Day and help spread a message of hope.

Join in at your workplace, community group or home with a free Paper or Digital Suicide Prevention Resource Pack.

Talking about suicide saves lives. Get conversations started and help us spread a message of hope that suicide is preventable. Our packs include Brew Mats, Suicide Prevention Wallet Cards, Posters, Pledge Cards, Conversation Starters, Covid-19 and Mental Health Booklet and more. Packs are supplied free of charge within Cumbria and will be posted/emailed on the 2nd September.

Order a pack at https://www.every-life-matters.org.uk/wspd/

Help us get 100 people trained in suicide prevention skills on the 10th September!

Spot the signs, ask the question, save a life. Attend our 60 minute free online Suicide Awareness Session. This is for anyone in Cumbria who has an interest in learning more about suicide. The session includes myths and facts surrounding suicide, how to understand the signs someone may be at risk, how to talk comfortably and directly about suicide, how we can provide practical help, and the range of services and support that are available to someone having thoughts of suicide.

Every life

matters

Book a place https://www.eventbrite.co.uk/o/every-life-matters-19933502566

Light a Candle on World Suicide Prevention Day

Join in with people all over the world and light a candle in your Window at 8pm to show your support for suicide prevention, to remember a lost loved one and for the survivors of suicide.

Follow us on Social Media

We'll be publishing a wide range of information and messages of hope about suicide prevention leading up to the 10th September. Please share widely.

https://www.facebook.com/EveryLifeCumbria/ https://twitter.com/Every_Life_Cumb https://www.instagram.com/everylifecumbria/

Join us in supporting

World Suicide Prevention Day 2020

10th September

Helping to spread hope

Every life matters ...

Let us Pray

Matthew 19:13-15. 13 Then some children were brought to Him so that He might lay His hands on them and pray; and the disciples rebuked them. 14 But Jesus said, " Let the children alone, and do not hinder them from coming to Me; for the kingdom of heaven belongs to such as these." 15 After laying His hands on them, He departed from there.

Heavenly Father,

We thank you for children, young people and young adults, but recognise that they face particular challenges with the constrictions in place due to Covid 19.

We pray for children as they return to school, that they will feel safe, and enjoy learning and being with their friends. Help parents, guardians, teachers, and all school staff as they seek to make the school environment safe, happy and productive. Cumbria Police 28.8.20

The data ... shows that young people now make up a majority of the new cases, with nearly 1 in 3 being between 15 and 29 years old.

Colin Cox, Cumbria's Director for Public Health

This week's figures highlight that more young people, aged 15-19, are catching the virus than any other age group. We know young people are generally more socially active, and for them symptoms are usually mild – but the danger is that they spread it to older more vulnerable family members who are more at risk.

We pray for young people and students, recognising their need for friends, as well as their need to learn and develop. May they find the right focus in the coming months, whether in education, work, work experience etc. May they find friendship and fulfilment in new and healthy ways. Help them heed the coronavirus guidelines in order to protect themselves and others. May this time of restrictions cause them to think and reflect more deeply on the meaning of life, and ultimately to discover the relationship they can have with You.

We pray for the government as they make decisions which affect all of us. Give them wisdom, courage, and humility.

We pray for scientists working on a vaccine for covid 19, that you will inspire, guide and grant them success. We pray for the church in Cumbria, that you will help us discover how to live out our calling as your people in the world, and how to express our unity and diversity as the Body of Christ.

We pray for ourselves, that we will find peace in you, remembering that, "In returning and rest you shall be saved; In quietness and confidence shall be your strength." (Isaiah 30:15)

Thank you that we are your children, and you hear our prayer. Amen

Rev Kath Dodd. Joint minister of Hawkshead Hill Baptist Church, Member of the Cumbria Ecumenical Spirituality Group



Reminder

Please remember to keep looking at the CTiC events page which is regularly updated with all the events we are notified about. Please send information before 15th September for our newsletter: ebctic@outlook.com

Find out more about the work of CTiC in our overview paper, available on the website: https:// www.churchestogethercumbria.org.uk/Groups/318434/ About Us.aspx

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